1999 MIAC Indoor Track & Field Awards

1999 Men's and Women's Conference Championship Meet Outstanding Athlete Awards go to Smith of Gustavus Adolphus and Brendan of Concordia-by Greg Binstock, Sports Information Director, College of St. Catherine

Men
Gustavus thrower Aaron Smith was selected Men's MIAC Indoor Track and Field Most Outstanding Athlete for winning both the shot put (56-9.5) and 35# weight throw (57-4.75) in NCAA automatic qualifying marks. Also receiving top votes were St. Thomas' Jeremy Heckman and St. Olaf's Mark Bresnan. Heckman was a triple champion in the 60 (6.88, prov.), 200 (22.04, meet record) and 400 (49.85, prov.) and anchored the Tommies winning 1600 relay. Bresnan was a double champion in the 600 yd. (1:13.85) and 800 (1:57.87) and anchored the Oles winning 3200 relay. Smith's shot put also earned him most outstanding performance of the meet. Also receiving top votes for most outstanding performance were Kajero Ssebbaale of Macalester for his automatic qualifying triple jump of 47-11.75 and Heckman's 200.

Women
Heidi Brenden of Concordia-Moorhead was selected Women's MIAC Indoor Track and Field Most Outstanding Athlete for her performance at the indoor championship March 5-6. Brenden was a triple champion in the 600 meter dash (1:38.14), the 800 (2:16.88, NCAA provisional qualifying time and MIAC meet record) and the 1500 (4:43.75, prov.). Also receiving top votes were Gustavus' Erica Stone and St. Catherine's Katie Jorgenson. Stone was a double champion in the 60 (7.91, prov.) and 200 (25.96), placed second in the 400 (59.09, prov.) and ran on the first-place Gustie 800 and 1600 relays. Jorgenson was a double champion in the 3000 (10:27.67) and 5000 (18:13.27). The award for most outstanding performance went to Augsburg's Carrie Lind for her meet record and NCAA automatic qualifying throw in the 20# Weight (57 feet-10.75 inches). Also receiving top votes for most outstanding performance were Brenden's 800 and Rhonda Swanson of St. Benedict in the pole vault (10-11.75, meet record).